Youth Partial Hospital Program
Program Description/Goals

The Youth Partial Hospitalization program provides an intensive, active treatment program to children ages 8 to 16 who have adequate supports in their home and community to return home each evening.

An alternative to inpatient or residential treatment, this program provides services to children experiencing severe psychiatric symptoms, disturbances of conduct, and decompensating conditions that seriously compromise or impair their ability to function on a day to day basis.

The program is based on a Cognitive Behavioral therapy model which emphasizes symptom stabilization, skill building, and linkages to community resources.

The goal is to resolve or stabilize an acute episode of mental illness and prepare each child to transition back into the daily routine of home, school, and community better equipped to manage their emotions and behaviors in an appropriate manner.

Program Components

- Psychiatric Diagnostic Evaluation
- Psychological Testing
- Individual and Group Therapy
- Psychoeducational Therapy Groups
- Activity Therapy Groups
- Family Therapy
- Cognitive Behavioral Social Skills training methods will include: Modeling, role-playing, and behavioral rehearsal.

Eligibility

Partial Hospitalization is a medical service, therefore, admission and services must be prescribed by a physician.

Admission criteria include:

- Mental health or behavioral problems so severe to cause significant impairments in multiple areas.
- Failure to make sufficient gains within an outpatient or day treatment setting.
- Recent discharge from inpatient but needing ongoing daily intensive services to successfully transition into the community.

Youth Partial Hospitalization Team

Team members work together with the child, family, school, and other involved resources to individualize treatment intervention plans.

Team members include:

- Psychiatrists
- Psychologists
- Licensed Marriage and Family Therapist
- Certified Psychiatric Nurses
- Mental Health Practitioners

Family Involvement

All family members are affected when a child experiences emotional or behavioral problems. Involvement of the family begins at admission with the evaluation process. Family members meet with the team during the admission process. They are actively involved in the treatment planning process and agree to be involved at a minimum of one family therapy session per week.

For More Information Or To Make a Referral

Referrals may be made from family members, physicians, school, court, or social agencies.

For more information or admission, please call:

320-214-4195
or
1-800-992-1716 Ext. 195

Financial Information

Many health insurance plans will cover all or part of treatment, however, individuals are advised to know what their policy allows. Intake staff can answer questions about insurance coverage.