

2021 DWI Schedule



February 13

April 10

June 12

August 14

October 9

December 11

8 Hour-DWI Course Curriculum Outline

Objective: To prevent recidivism through education, impact, and personal inventory. Client's will learn the cognitive-behavioral approach to making changes and create a personal recidivism prevention plan.

- 1) Orientation and Introduction
 - a) Expectations
 - b) Confidentiality
- 2) Population at Risk Discussion
 - a) Criteria for Substance Use Disorder
- 3) Chalk Talk Video
 - a) Symptoms
- 4) Effects of Alcohol on the Body
 - a) Brain Functions
 - b) Understanding BAC
 - i) Statistics, accidents, crashes, related to BAC
- 5) My DWI Story
 - a) Personal and Community Impact
 - b) Cost of DWI, Monetary, Relationships, Health
 - c) What Price Am I Willing to Pay?
- 6) Cognitive Behavioral Education
 - a) Examination of Thinking, Attitudes, and Beliefs
 - b) Process of Change
 - c) Understanding Reinforcement
 - d) Self-talk, Shifting views, Putting Thoughts on Trial
- 7) MN Laws/Review Highlights
- 8) Impact Video- MN Criminal Vehicular Homicide
- 9) Impact Video-Choices
- 10) Recidivism Prevention Plan
 - a) Alternatives
- 11) Evaluations